

Clinical Case Seminar in Trauma Studies: Transdisciplinary Reappraisals of Clinical Work (APSY.GE2505) (3credits)

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New York University-- Spring, 2016; Wed. 6:45 -8:25 p.m. (Kimball Hall, 806W)

Course Description. This course will provide a comprehensive survey of knowledge about the clinical work of mental health clinicians in trauma practice. The meaning and experience of trauma to victims, interventions at different levels (individual, group, and community), and the nature of transdisciplinary studies in clinical trauma work will be considered. In addition to a consideration of different level of intervention, there will be focus on interventions within different types of trauma. As we examine clinical trauma work, we will also consider such issues as development, race, class, as well as some related scientific, clinical, and epistemological tensions. We will conclude the course by focusing on commonalities in clinical trauma work across different levels of intervention and different types of traumas. Also, there will be a focused effort to determine how the interventions were received by those for whom they were designed, both in the immediate aftermath and in the longer term.

Course Objectives. By the end of the course students will: (1) understand important theoretical and practical issues underlying clinical work of mental health clinicians in trauma practice; (2) understand the meaning and experience of trauma to victims; and (3) recall interventions at different levels.

Course Assignments

1. Required Readings: Assigned reading for each class is indicated under course schedule. Students are expected to demonstrate their knowledge of readings by means of class discussion.

2. Course Papers : There are two course papers

Paper 1: Due March 23-Book Assignment

Read one of the books listed under “ recommended but not required”. In 8 pages or less, summarize the book and write about its meaning/impact on you. If you can, relate it to some course readings, presentations, and/or discussion. Be prepared to select your choice of book in class on 2/17.

Paper 2: Due May 4-Questions

In 8 pages or less, answer 2-4 questions which will be handed out by the professor. Papers should be based on some combination of material from lectures, class discussion, readings, and literature search.

Questions for paper 2 will be handed out April 13.

Papers and references should be in APA format. If you want your second paper returned, hand in a self-addressed, stamped envelope with the paper. Late papers will not be accepted.

3. Journal (10 pages or less) : Due April 13.

Keep an informal journal of your reactions, questions, and comments to readings and class discussions. Exchange your journal with your partner who will give you feedback. On April 13, hand in your journal with your partner's comments. (Write about two pages a week for five weeks.) Journals must be typed; partner's comments may be handwritten. (These will not be graded. However, maintaining a journal is a course requirement.)

Grading: Each course paper will contribute 50% toward your course grade. If you are between grades, performance in class will determine final grade.

Policy on Student Self-Disclosure

A major goal of our graduates is to demonstrate core professional identity as counselors or as counseling psychologists in science, practice, teaching, supervision, and other roles. Core values of counseling and counseling psychology include understanding contextual and cultural influences, holding a strength-based, social justice approach, understanding self and others as being shaped by cultural diversity, and demonstrating capacity to engage in reflective practice. We believe that self-awareness of attitudes, values, and beliefs toward diverse others and the ability to continually reflect on one's own personal and interpersonal dynamics are critical to the development of effective professional skills and identity.

Towards this aim, students will be asked to engage in a process of personal exploration with their supervisors and trainers in their clinical practicum, externship, and/or internship settings. Some courses also require completing assignments that involve self-disclosure and self-reflection about personal history and cultural identities. Although contents of self-disclosure will not be used as a basis for grading, students may be evaluated on their capacity to engage in self-reflective processes that are critical to professional development and practice. Please also note that should a student disclose information indicating impairment or the potential for harm to clients, the faculty may take appropriate action in accordance with the ACA Code of Ethics (2005) Section F.7.b and/or APA Ethical Principles of Psychologists and Code of Conduct (2002) Standard 7.04

Texts (NYU Bookstore) The following books are REQUIRED:

- Alpert, J. A. and Goren, E. (Guest Editors). Special issue: Psychoanalysis, Trauma and Community. In *Psychoanalysis, Culture, & Society*. Vol. 18 (2) June, 2013. Publisher is Palgrave. (Can be obtained online from library. If having trouble finding this, call library 212.998.2475.)
- Broyard, A. (1992). Intoxicated by my Illness. N.Y.: Fawcett Columbine. (Available from Amazon).
- Knafo, D. (Ed.) (2004). Living with Terror, Working with Trauma: A Clinician's Handbook. N.Y.: Aronson.
- Lipsky, L. (2009). Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others. San Francisco: Berrett-Koehler Publishers, Inc.

The following books are RECOMMENDED BUT NOT REQUIRED:

- Altman, N. (2015). *Psychoanalysis in an Age of Accelerating Cultural Change: Spiritual Globalization*. N.Y.: Routledge.
- Amery, J. (1980). At the Mind's Limits: contemplations by a Survivor on Auschwitz and Its Realities. Indiana U Press.
- Barbanel, L. and Sternberg, R. J. (Eds.) (2006). Psychological Interventions in Times of Crisis. N.Y.: Springer. (B& S)
- Danto, E.A. (2005). Freud's Free Clinics: Psychoanalysis & Social Justice, 1918-1938. N.Y.: Columbia University Press.
- Figley, C. R. (Ed.) (2006). Mapping Trauma and its Wake: Autobiographic Essays by Pioneer Trauma Scholars. N.Y.: Routledge.
- Hollander, N. (2010). Uprooted Minds: Surviving the Politics of Terror in the Americas. Routledge.
- La Greca, A. , Silverman, W. K., Vernberg, E. M., and Roberts, M.C. (Eds.) (2002). Helping Children Cope with Disasters and Terrorism. Wn. D. C.: American Psychological Association.
- Lifton, R. J. (2011). Witness to an Extreme Century: A Memoir. N.Y.: Free Press.
- Sklarew, B., Twemlow, S. W., and Wilkinson, S. M. (Eds.). (2004). *Analysts in the Trenches: Streets, Schools, War Zones*. N.J: Analytic Press. (S,T,&W)
- Wiesenthal, S. The Sunflower: On the Possibilities and Limits of Forgiveness. (not in bookstore; can be ordered from Amazon or other).

The articles listed below can be obtained on line. (Library 212-998-2475)

CLASS SCHEDULE

Week 1. January 27- Orientation to Course

Week 2. February 3-Orientation to Field

Reading:

- J. Alpert, E. Goren, and A. Rihm (2013). Expanding our analytic identity: The inclusion of a larger social perspective. In Alpert, J. A. and Goren, E. (Guest Editors). Special issue: Psychoanalysis, Trauma and Community. In *Psychoanalysis, Culture, & Society*. Vol. 18 (2) June, 2013, pgs. 113-127. Publisher is Palgrave. (Can be obtained on line from library. If having trouble finding this, call library 212.998.2475.)

-Broyard, A. (1992). Intoxicated by my Illness. N.Y.: Fawcett Columbine. (Available from Amazon).

Choose journal partner in class.

Week 3. February 10 – To Tell or Not To Tell

“Guest” Speaker: Judie Alpert

Reading:

-R. Prince (2009). The Self in Pain: The Paradox of Memory. The Paradox of Testimony. The American Journal of Psychoanalysis, 2009, 4, 279-290.

-H Krystal Ch. 14 , pgs 283;-295 in Knafo. (Optimizing affect Function).

Week 4. February 17- Case of Incest, Insects, and Incarceration

“Guest” Speaker: Judie Alpert

Reading:

- Read from Knafo Ch. 2, Pgs. 35-50. (Herman- Complex PTSD: A Syndrome in Survivors of Prolonged and Repeated Trauma).

-Read from Knafo Ch. 28. Pgs 565-587. (Knafo-Creative and Clinical Transformations of Trauma)

Week 5. February 24- The Psychology of Black Boys and Adolescents

Guest Speaker: Warren Spielberg, Ph.D.

Reading: K. Vaughans and W. Spielberg (2015). Psychology of Black Boys and Adolescents. (This book should be in NYU library. Read chapters of your choice based on your interest.)

Week 6. March 2- Room for Thought: Making space for thinking in the Foster Care System Guest Speaker: Kate Oram, Ph.D.

Reading: K. Oram. Missed Sessions (Unpublished paper will be sent)

Week 7. March 9 –Mental Health Initiatives and Trafficking

Guest Speaker: Adrienne Harris, Ph.D.

Reading: A. Harris Psychoanalysis, Mental Health initiatives and Human Trafficking.

A. Smolen Domestic Human Trafficking. Discussion (Karine Moreno-Taxman) (1-15-2016) (Papers will be sent)

Week 8. March 16-NYU Spring Break. Reading: Lipsky ,L. (2009). Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others. San Francisco: Berrett-Koehler Publishers, Inc. (If you have already read this, re-read it!)

Week 9. March 23- Relational Trauma Treatment and A Case of a Girl who was Abandoned by her Mother

Guest Speaker: Sharon Kozberg, Ph.D.

Assignment: (Reading to be assigned)

Course paper #1 (book review) due

Week 10. March 30- Transgenerational Transmission of Holocaust Trauma

Guest Speaker: Arline (Lu) Steinberg, Ph.D.

Reading: Prince, R. (2015). The holocaust after 70 years: Holocaust survivors in the United States. The American Journal of Psychoanalysis. 1-20.

Krystal, H. Resilience: Accomodation and Recovery (p. 67-82) in Knafo book.

Week 11. April 6- Class canceled

Reading: Based on your interest, select chapters to read from Knafo book

Week 12. April 13– Disrupted Reproduction, Disrupted Births, Disrupted Minds: Working with Families and Staff in the Neonatal Intensive Care Unit

Guest Speaker: Zina Steinberg, Ph.D.

Reading: Z. Steinberg. The Shadow Side of Art: Babies and Parents in the Neonatal Intensive Care Unit. In K. Gentile (Ed.) (2016). The Business of Being Made: The Temporalities of Reproductive Technologies, in Psychoanalysis and Culture (paper will be sent)

Journals due

Professor will hand out questions for paper 2

Week 13. April 20- In and Out of the Office

N. Altman (2013) Psychoanalysis in and out of the office. Pgs. 128-139. In Alpert, J. A. and Goren, E. (Guest Editors). Special issue: Psychoanalysis, Trauma and Community. In *Psychoanalysis, Culture, & Society*. Vol. 18 (2) June, 2013, pgs. 113-127. Publisher is Palgrave. (Can be obtained on line from library. If having trouble finding this, call library 212.998.2475.)

Week 14. April 27-Combat Trauma and Treatment

Guest Speaker: Herbert H. Stein, M.D.

Reading: Stein, H. (2007). Combat Veterans: Impressions of an Analytic Observer in a Non-Analytic Setting. *The Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry*. (Journal of the American Academy of Psychoanalysis), 35: 575-589.

Week 15. May 6- Developing Course Themes

Integration of Readings and Talks; In-class discussion of course papers

(H. Krystal- Optimizing Affect Function in the Psychoanalytic Treatment of Trauma).