



10 Questions Trauma Survivors Want Answered By Research

Through in-person discussions, male trauma survivors shared their perspectives on the relevance of research, how they hear about and make use of findings, and priority areas for research.

These are the top-voted questions they identified for research:

1. What is the impact of sexual abuse on men's emotional functioning; is it possible to be happy?
2. What is the impact of sexual abuse on men's sexual functioning?
3. What are the resilience factors that help men to prevent associated emotional distress or help them heal from sexual trauma?
4. How can male survivors who are struggling be reached to find they are not alone?
5. How can male survivors access solid clinical and research information?
6. How are alternative forms of medicine (e.g., meditation and yoga) related to recovery from trauma?
7. What are the methods/tools that work and can help men heal from trauma?
8. What is the impact of racial/ethnicity in regards to male survivors' mental health symptoms, as well as treatment engagement and outcome?
9. In what ways can peer groups be harnessed to promote men's recovery and reduce their isolation?
10. What can be done to prevent sexual abuse of boys and men; how can perpetrators best be

Additional Information

Websites:

- www.malesurvivor.org
- www.anatramadivision.org
- www.ptsd.va.gov

Peer-Reviewed Publications:

Cook, J. M., Anderson, C., Simiola, V., & Ellis, A. E. (e-pub ahead of print). Top ten questions male sexual abuse survivors want to know from health care research. *Journal of Aggression, Maltreatment and Trauma*. <https://doi.org/10.1080/10926771.2018.1446481>

Scholarly Work In Other Media:

Chester Bennington's Life May Help Male Sex Abuse Victims Speak Up
<https://www.cnn.com/2017/07/22/opinions/chester-bennington-sex-abuse-opinion-cook/index.html>

Community-Based Participatory Research: What Is It and How to Implement It?
www.societyforpsychotherapy.org/community-based-participatory-research

5 Lessons Learned from Male Survivors of Sexual Abuse: Summary of Results from Our Community Based Participatory Research Project

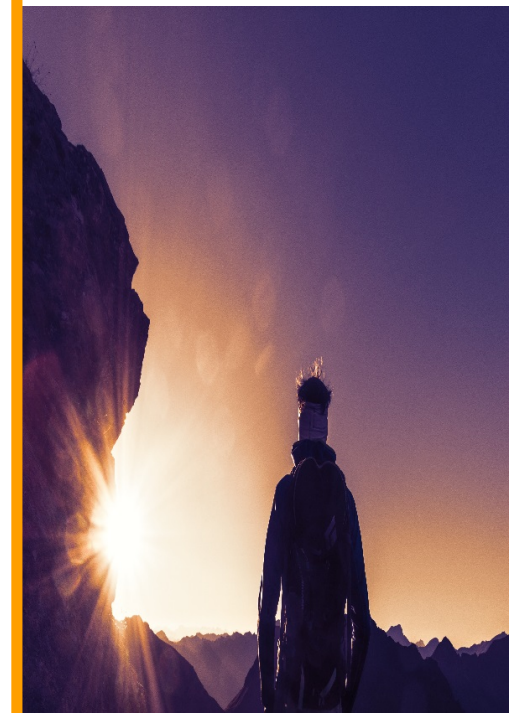
www.societyforpsychotherapy.org/5-lessons-learned-male-survivors-sexual-abuse

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Disclaimer

The views, statements, and opinions presented in this training material are solely the responsibility of the author(s) and do not necessarily represent the views of the Patient-Centered Outcomes Research Institute (PCORI), its Board of Governors or Methodology Committee.



FACILITATING MALE TRAUMA SURVIVORS' MEANINGFUL INVOLVEMENT IN HEALTH RESEARCH

Outcomes from a
Eugene Washington PCORI
Engagement Award
#3013-Yale

About This Project

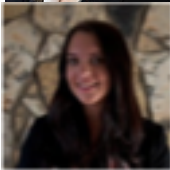
Sexual abuse is an international problem and an often overlooked public health issue for men and boys.

Given the prevalence of trauma and its well documented connection to mental and physical health disorders, the relevance of male survivor input and engagement in health care research is profound.

As part of an engagement project funded by Patient Centered Outcomes Research (PCORI), Dr. Joan Cook and researchers from Yale School of Medicine teamed up with a non-profit organization, MaleSurvivor, to create web-based resources to educate and equip trauma survivors and researchers for mutual collaboration and equitable partnerships in all aspects of research.



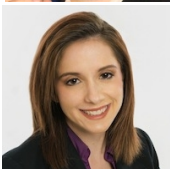
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Web-Based Resources

Let Your Voice Have Impact

This web-based training video is designed for trauma survivors to demystify research by presenting an introduction to research design and methodology, data collection, analysis and interpretation. The roles and responsibilities of involvement as trauma survivors as equitable partners in research as well as privacy, confidentiality, and legal protections including IRB and HIPAA laws are covered. Also included are a list of suggested readings.

<https://www.apatraumadivision.org/770/male-survivors-research.html>

Male Survivors: You are Not Alone

This video is designed to help de-stigmatize male sexual abuse and promote male survivors mental health and healing.

<https://www.youtube.com/watch?v=2I2c1LiO5tM&feature=voutu.be>

The Importance of the Trauma Survivor Community Driving Research

This web-based training video is designed for researchers and clinicians interested in engaging in community-based participatory research (CBPR). It provides information on how it is not only feasible to involve trauma survivors and their families in health care research, but how their participation is essential to the conduct and reach of meaningful research. Critical issues that researchers must know in developing and following a CBPR framework are reviewed.

<https://www.apatraumadivision.org/770/male-survivors-research.html>

From the Voice of a Survivor: What Researchers Should Know When Partnering with Male Survivors

This video is designed to answer questions researchers may have about working with trauma survivors as key partners and stakeholders. Examples of equal collaborations with researchers, barriers to survivor engagement, and how to communicate with stakeholders in a respectful and equitable way are provided.

<https://www.apatraumadivision.org/770/male-survivors-research.html>

