

Transcending Divisiveness and Polarization

(How to have courageous conversations that unify us and make us more effective when we don't agree about everything)



Rev. Mpho Tutu van Furth

&

Ven. Thubten Jigme



Courageous Conversationalists

Laura S. Brown, PhD ~ Diane Elmore Borbon, PhD, MPH ~ Seven D. Hollon, PhD
Ani Kalayjan, EdD, DSc ~ Pamela P. Remer, PhD ~ Paula P. Schnurr, PhD ~ Anneliese A. Singh, PhD
Carolyn B. Allard, PhD, ABPP (Chair)

This Keynote session will entail brief presentations from our conversation moderators followed by a courageous unrehearsed conversation among panelists. The aims of this session are twofold: 1) the facilitation of depolarizing communication around the topic of practice guidelines, and other issues within our Divisions and APA that have been cause for increasing divisiveness; and 2) to provide a model of how to have conversations that are unifying rather than polarizing about different issues among different groups. **We are living in an increasingly divided and polarized world, and we could all stand to spread more compassion, understanding, and collaboration.** Rev. Mpho Tutu van Furth and Venerable Thubten Jigme will provide some guidance for the conversation, informed by the South African concept of *ubuntu* which shaped the truth and reconciliation model, and by the Buddhist practices of inward focus and interdependence. Following this guidance, our courageous conversationalists, experts in one or more trauma psychology arena (research, practice, social justice and/or policy advocacy), participated in an unscripted conversation around the issue of practice guidelines.

After viewing the courageous conversation at your convenience at **APA2020Virtual** you are invited to join us for a **live interactive feedback and Q&A session**

August 6 @ 3:30-4 pm EST / 12:30-1 pm PST

Zoom Meeting ID: 890 5966 4732

Password: 891223

Co-Sponsoring Division: 17 - Society of Counseling Psychology

Co-Listing Divisions: 12 - Society of Clinical Psychology; 35 - Society for the Psychology of Women; 42 - Psychologists in Independent Practice; 48 - Society for the Study of Peace, Conflict and Violence; 52 - International Psychology

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Want CEUs? Full presentation including follow-up interactive session will be available on Division 56 HomeStudy platform starting mid-August: <https://apadiv56.talentlms.com/catalog>